


Brechin Mechanics hall

Book online at Bookwhen.com/veroscottfitness



MONDAY 13/01- 30/03	TUESDAY 14/01-31/03	WEDNESDAY EVENING 15/01-01/04	THURSDAY EVENING 16/01-02/04
10AM BARRE PILATES	10:00AM ZUMBA GOLD	6PM POWER FLOW	6PM KETTLES30
10:30AM MAT PILATES	10:45 GENTLE YOGA FLOW		6:30PM ZUMBA
6PM BARRE PILATES	6PM STRONG30		
6:30PM PILATES ARC SPINE CORRECTOR CLASS	6:30PM MAT PILATES		
7:15PM ZUMBA		